

GENESIGHT TESTING

What is Genesight Testing?

The [GeneSight](#) Test is a genetic test that shows your provider how your genes may affect how medications are processed in your body. The GeneSight test may show which medications to treat depression, anxiety, ADHD, and other mental health conditions require higher or lower dosages, are less likely to work, or have an increased risk of side effects based on your body.

The test is a cheek swab sent to your home and sent in to the lab. The sample is tested and Genesight puts each class of medications into green, yellow, and red columns based on your gene results.

Is Genesight Testing Right For Me?

Your provider may bring up Genesight testing for you if you have previous medication trials that did not help, if you are experiencing a poor response to medications, or if you have side effects to several medications. Ultimately, only you can decide if Genesight testing is the next step for you, but many patients like having the data and breakdown of their genes medications.

*Genesight testing can also test for the MTHFR gene. Read more about that on our MTHFR handout.

Things to Consider with Gene Testing:

Pharmacogenetic testing can provide a guideline for medications, but it is not perfect. Please know that:

1. This test does not identify the “*right*” medication. It will tell you how the medications are processed in your body and can guide us in how things are dosed, or when to expect side effects.
2. Some insurances don't pay for this test. It is best to call your insurance and verify their coverage before requesting your provider submit the order request so you're not surprised by a bill later.