

Extreme Demand Avoidance 8-item measure (EDA-8)

A brief caregiver-report measure of EDA traits for caregivers of children aged 5 – 17 years.

Please answer the questions thinking about your child's behaviour during the last six months. Please read each item carefully and fill in the answer that best applies.

Please tick one option per question only:

		Not true	Some-what true	Mostly true	Very true
1	Obsessively resists and avoids ordinary demands and requests.				
2	Is driven by the need to be in charge.				
3	Tells other children how they should behave, but does not feel these rules apply to him/herself.				
4	Has difficulty complying with demands unless they are carefully presented.				
5	Seems unaware of the differences between him/herself and authority figures (e.g. parents, teachers, police).				
6	Mood changes very rapidly (e.g. switches from affectionate to angry in an instant).				
7	Uses outrageous or shocking behaviour to get out of doing something.				
8	Has bouts of extreme emotional responses to small events (e.g. crying/giggling, becoming furious).				

Key reference:

O'Nions, Happé, Viding & Noens (2021) Extreme Demand Avoidance in Children with Autism Spectrum Disorder: Refinement of a Caregiver-Report Measure. *Advances in Neurodevelopmental Disorders*, 5, 269–281 <https://link.springer.com/article/10.1007/s41252-021-00203-z>